My name is Francine. I am a fortunate survivor of domestic violence. The reason I say “fortunate” is because I feel there are three types of domestic violence victims. First, there is the woman who stays in the abusive environment. Second, the woman who is no longer here with us because she was killed by her abuser. Third, women like me, who are fortunate enough to have escaped the abusive relationship.

It was an early Saturday morning when I received the last bruises from my now ex-husband. I was determined to seek help. It all started at the Scottsdale Police Department. Read more on the next page.
cover story continued...

I was introduced to Christine, Senior Crime Advocate for the City of Scottsdale, who encouraged me to call Jewish Family & Children’s Service. I did. The domestic violence advocate at the Shelter Without Walls program helped me find a place to live, food, clothing and even gave me bus passes since I didn’t have transportation. I was encouraged to join a weekly therapy group program, as well as individual therapy sessions. They also put me in touch with a legal advisor who prepared the divorce paperwork and guided me through every single step until I was declared legally free.

Shelter Without Walls taught me that I have the right to say yes or no, when needed, and not feel guilty about it. I learned to accept compliments, to know I am beautiful, to have confidence, to believe in myself, to feel I can accomplish anything, to realize it was not my fault.

I feel so grateful for all the support the staff at Shelter Without Walls gave me. I couldn’t have done anything without their help. They were there for me to listen to my insecurities, to reassure me that I am intelligent and that I can do it. It was a comforting feeling knowing that someone was just a phone call away.

Shelter Without Walls taught me that I have the right to say yes or no, when needed, and not feel guilty about it. I learned to accept compliments, to know I am beautiful, to have confidence, to believe in myself, to feel I can accomplish anything, to realize it was not my fault. Shelter Without Walls taught me to take risks in life, to taste success. Most of all, Shelter Without Walls taught me to love myself. I also learned to smile.

I consider myself a different woman now. I was able to work hard, save money, keep focus to buy my first home. I continue to go to school. With discipline, I know I will complete my Social Services degree. Although it has been some time since I left the violent atmosphere, and come so far with accomplishments, I still struggle with fear and insecurities. I know in my heart that these emotions will eventually subside with time.

I feel I am a positive living proof of what JFCS and Shelter Without Walls can do. I am eternally grateful for this charitable, giving organization that helped save my life.

Republished with permission from Arizona Jewish Life

SHELTER WITHOUT WALLS was created to fill a gap. Most state or federally funded domestic violence services are designated for those who have left an abusive relationship and are living in a shelter. These programs typically have time limits associated with them and they are bed-oriented. Shelter Without Walls has no time limit; clients are offered assistance for as long as necessary.

YOUR DONOR IMPACT

| 636 survivors were served | 1,145 children of survivors were impacted | 88% of survivors reported increased knowledge of the legal system | 100% of survivors reported increased knowledge of the VICTIM’S COMPENSATION PROGRAM and other financial assistance services |

SOURCE: 2015 Shelter Without Walls data
Honoring a remarkable man

Michael R. Zent, Ph.D., 1947-2016

JFCS President and CEO Michael R. Zent, Ph.D., a fourth generation Arizonan and long-time resident of both Phoenix and Tucson, passed away unexpectedly on Jan. 11, 2016. For four decades, he dedicated himself to the continuous improvement of the behavioral health system in Arizona. Whether working at the Arizona State Hospital at the outset of his career, directing administrative bodies such as Community Partnership of Southern Arizona and Value Options, or managing a provider organization, Dr. Zent was a visionary committed to improving Arizona’s behavioral health system.

Since 2008, Dr. Zent held the role of president and chief executive officer at JFCS. He provided extensive leadership and deftly guided our diversified, non-sectarian organization through a period of growth, increasing JFCS’ total revenue base from $18 million in 2008 to nearly $50 million in 2015.

Dr. Zent positioned JFCS in the forefront of the movement toward integrated healthcare in Arizona and was instrumental in JFCS’ collaboration and rollout of the combined practices of mental health and primary healthcare through the use of electronic health records (EHR). In November 2014, he celebrated the opening of JFCS’ Catalina Health Center Behavioral Health Wing and on January 4, 2016, the Molly Blank Medical Wing opened. The Catalina Health Center in the Phoenix neighborhood of Maryvale now serves as a model of an integrated primary medical and behavioral health clinic for under-served populations.

Dr. Zent championed technology in the behavioral health industry and led strategic initiatives in the design and development of EHR applications and Health Information Exchanges (HIE). Most notably, he helped develop TOPAZ Information Solutions as a preeminent resource and provider of high-quality integrated EHR solutions and served as its managing partner and most articulate champion. He also developed the Behavior Health Information Network of Arizona (BHINAZ) as an integrated network of behavioral health providers with the goal of maximizing the use of information technology to enhance behavioral healthcare.

JFCS’ cultural competency strategy was also a key focus of Dr. Zent’s. Soon after arriving at JFCS, he formed a Cultural Competency Committee to implement best practices in cultural diversity and focus on bilingual skills and language certification – all to better serve JFCS’ multicultural client population.

Dr. Zent’s accomplishments consistently speak to his distinctive value to JFCS as an organizational visionary and leader; to the individuals whose lives, as a boss and a mentor, he touched; to the clients for whom he was an inspired voice; and to the community for his sensitivity and responsiveness to their human service needs. He is greatly missed.
Thanksgiving meals delivered
Zack Beraznik donated 60 Thanksgiving meals to JFCS families in need. Celebrating his Bar Mitzvah so close to Thanksgiving, Zack wanted to make sure our neediest families didn’t go without. He raised more than $3,500 to purchase the family-sized, pre-prepared meals with dessert too. Meals were delivered by Zack and his parents to JFCS Homebased Services and Catalina Health Center for families to take home. Thank you, Zack!

Families in need received gifts
Thanks to you, our most vulnerable and needy families celebrating Christmas and Chanukah across Maricopa County enjoyed a very happy holiday. You gave these families an extra dose of hope and joy with your gifts! Plus, more than 90 Jewish seniors received care packages. Go to jfcsaz.org/storiesofhope to read more about your impact.

Foster teens enjoyed gifts and a feast
More than 100 foster teens who otherwise would have had nothing special for the holidays received gifts and a holiday meal. We would especially like to thank Lincoln Air, Dress for Success, General Mills and Pardes Jewish Day School for their incredible support of these teens.

Also, thank you to all the volunteers who helped with the Youth Holiday Dinner on Dec. 15, 2015.

Special Thanks
We appreciated support from the following sponsor organizations over the holidays:

Arizona State Bar Association
Arizona Sunrays Gymnastics
Beth El Congregation
Beth Tefillah
Bureau of Jewish Education
Cactus Orthopedics
Caring Neighbors
Cavers Who Care
Congregation Beth Israel
Congregation Kehillah
Congregation Nefesh Soul
JFCS employees
Jewish Federation of Greater Phoenix, Women’s Philanthropy
Na Amat
Nacta
National Council of Jewish Women
Pardes Jewish Day School
Puroclean
SOS Systems
Temple Emanuel Sisterhood
Westbrook Village Shalom Club

Thanks to everyone who brought and wrapped gifts at our annual It’s A Wrap! Holiday Luncheon held on Dec. 3.
JFCS has joined with 11 other local organizations in a partnership with the Harold Grinspoon Foundation and the Jewish Community Foundation of Greater Phoenix as a part of a national program to dramatically increase philanthropy to local organizations in Jewish communities. The *Life & Legacy Program* promotes after-life giving, such as bequests and endowments to benefit our community and especially JFCS.

As part of the program, participating agencies that reach certain milestones will receive financial incentives. When JFCS obtains 25 donor commitments, we will receive a $10,000 unrestricted grant. To date we have added 26 donors to the JFCS Legacy Society and are proud to be the first agency in the Phoenix area to qualify for the grant. When JFCS obtains another 24 commitments, we will be eligible to receive another $10,000 grant.

The JFCS Legacy Society is comprised of donors who have confirmed us as a beneficiary in their estate plans by listing JFCS in their will, trust, life insurance or retirement plan.

---

**You do not have to be wealthy to leave a gift to JFCS, and a commitment at this time costs you nothing during your lifetime.**

For more information, please contact Frank Jacobson at 602-567-8329 or frank.jacobson@jfcsaz.org.

---

**JFCS Legacy Society (as of February, 2016)**

| Phil Adelman + | Charitable Trust ** |
| Anonymous (9) | Stephanie and Frank Jacobson + |
| Janet Arnold + | Philip and Elaine Katzke |
| Tricia and Andy Beran + | Designated Fund of the JCF** |
| Bernard and Dora Jacobs Endowment Fund ** | Carol and Allan Kern + |
| Carmela and Michael Blank | Helen and Ed Korrick |
| Adam and Cindy Brooks + | Chu and Stuart Lazar + |
| Francine Coles | Tracey and Larry Lyle + |
| Dr. Abraham Tamis Memorial Fund | Herman S. and Golda Mandell Living Trust ** |
| Corinne F. Ehrlich ** | Estate of Bettie M. Miller ** |
| Lee Eisinger + | Susan and Herbert* Miller |
| Nancy Ruth Feiges and Isaac (Ike) Feiges + | Bill and Tanya Miller |
| Meri and Steve Friedman + | Andi Minkoff + |
| Marcia and Norman* Goodman | Nancy and Larry Moffitt |
| Walter G. Gray | Bruce Nager + |
| in Honor of Michael Steinberg + | Dr. Steven L. Oscherwitz |
| Adrien Herzberg | The Packer Family Trust + |
| Jerry Hirsch | Glenn and Felicia Pahnke + |
| The Philip and Judith Hirsch | Ruth B. Pearson** |
| | Helen Pezdirtz |
| | Muriel Ross* |
| | Lenore and Eugene* Schupak |
| | Ruth and Edward Schwarz** |
| | Carol and Ken Seidberg |
| | Mr. and Mrs. Michael Seiden + |
| | Paula and Arlie Sherman |
| | Clara D. Stander + |
| | Paul E. Stander + |
| | Susan A. Stander + |
| | Sarae Steremberg |
| | The Robert I. Sweet Charitable Remainder Trust ** |
| | Estate of Rhoda Krasno Tannenbaum ** |
| | Naomi* and Gerald Weiner |
| | The Wexler Family Foundation |
| | Barbara and Barry Zemel + |
| | Michael R. Zent +* |

+ New additions since May 1, 2015  * Of blessed memory  ** Realized gift
nothing during your

be wealthy to leave

You do not have to

time costs you nothing during

a commitment at

another $10,000 grant.

another 24 commitments, we will be eligible to receive

area to qualify for the grant. When JFCS obtains

we have added 26 donors to the JFCS Legacy Society

incentives. When JFCS obtains 25 donor commitments,

that reach certain milestones will receive financial

As part of the program, participating agencies

after-lifetime giving, such as bequests and endowments

communities. The

promotes

increase philanthropy to local organizations in Jewish

Phoenix as a part of a national program to dramatically

and the Jewish Community Foundation of Greater

JFCS has joined with 11 other local organizations in

in Honor of Michael Steinberg +

Marcia and Norman* Goodman

Carmela and Michael Blank

Meri and Steve Friedman +

Nancy Ruth Feiges and

Anonymous (9)

Walter G. Gray

Janet Arnold +

Francine Coles

Jerry Hirsch

Herman S. and Golda Mandell

Designated Fund of the JCF**

Estate of Bettie M. Miller **

Dr. Steven L. Oscherwitz

Nancy and Larry Moffitt

Philip and Elaine Katzke

Tracey and Larry Lytle +

Chu and Stuart Lazar +

Charitable Trust **

For more information, please contact Frank Jacobson

retirement plan.

plans by listing JFCS in their will, trust, life insurance or

have confirmed us as a beneficiary in their estate

(as of February, 2016)

wealthy to leave a gift to JFCS,

You do not have to be

Mr. and Mrs. Michael Seiden +

Charitable Remainder Trust **

The Wexler Family Foundation

Lenore and Eugene* Schupak

Naomi* and Gerald Weiner

Glenn and Felicia Pahnke +

Isaac (Ike) Feiges +

Adrien Herzberg

Anonymous (9)

Walter G. Gray

Janet Arnold +

Francine Coles

Jerry Hirsch

Herman S. and Golda Mandell

Designated Fund of the JCF**

Estate of Bettie M. Miller **

Dr. Steven L. Oscherwitz

Nancy and Larry Moffitt

Philip and Elaine Katzke

Tracey and Larry Lytle +

Chu and Stuart Lazar +

Charitable Trust **

Andi Minkoff +

Living Trust **

For more information, please contact Frank Jacobson

retirement plan.

plans by listing JFCS in their will, trust, life insurance or

have confirmed us as a beneficiary in their estate

(as of February, 2016)

wealthy to leave a gift to JFCS,

You do not have to be

April 5, 2016

Arizona Gives Day

A statewide celebration of Arizona nonprofits and philanthropic giving

April 6, 2016

Mind, Body, Spirit in Action

Ina Levine Jewish Community

Campus, Scottsdale

8:30 a.m. to noon

An interactive approach to managing your overall health

Join our eNews

JFCSAZ.org/enews

to stay informed on our Upcoming Events.

April 27, 2016

JFCS Crisis Response Training

Ina Levine Jewish Community

Campus, Scottsdale

5:30-9 p.m.

Training will review the essential concepts of crisis, trauma, victim, witness, survivor and ripple effects

May 11, 2016

Ethics

Ina Levine Jewish Community

Campus, Scottsdale

8:30 a.m. to noon

How to balance personal biases in our professional domains